



## The Prophet (may Allah's peace and blessings be upon him) forbade praying with one's hands on one's waist

Abu Hurayrah (may Allah be pleased with him) reported: The Prophet (may Allah's peace and blessings be upon him) forbade praying with one's hands on one's waist.

[Sahih/Authentic.] [Al-Bukhari and Muslim]

The Prophet (may Allah's peace and blessings be upon him) forbade praying while putting the hands on the waist.

<https://sunnah.global/hadeeth/en/show/10874>

