



## Whoever regularly observes four Rak'ahs before Zhuhr and four after it, Allah will make him forbidden to Hellfire

'Umm Habībah, the Prophet's wife, (may Allah be pleased with her) reported: I heard the Messenger of Allah (may Allah's peace and blessings be upon him) say: "Whoever regularly observes four Rak'ahs before Zhuhr and four after it, Allah will make him forbidden to Hellfire."

[Authentic] [Narrated by Abu Dāwūd, At-Tirmidhi, An-Nasā'i, Ibn Mājah, and Ahmad]

The Prophet (may Allah's peace and blessings be upon him) gave glad tidings to one who constantly and regularly offers four voluntary Rak'ahs before the Zhuhr prayer and four voluntary Rak'ahs after it that Allah will make him forbidden to Hellfire.

<https://sunnah.global/hadeeth/en/show/11251>

