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Ibn 'Umar (may Allah be pleased with him) reported: The Prophet (may Allah's peace and blessings be upon him) forbade vowing and said: "Indeed, it does not bring any good; rather it is only a means to extract something from the miser."

[Authentic hadith] [Narrated by Bukhari & Muslim]

The Prophet (may Allah's peace and blessings be upon him) forbade making a vow, which means that a person obliges himself to do something not ordained upon him by the Shariah. He said: A vow does not advance anything or postpone it. Rather, it is only a means whereby something can be extracted from the miser who only does what is obligatory for him; and a vow does not bring about something that had not been predestined for him.

<https://sunnah.global/hadeeth/en/show/2960>

