



## Recite frequently: Yādha al-jalāl wa al-ikrām (O Possessor of Majesty and Bounty)

Anas (may Allah be pleased with him) reported that the Messenger of Allah (may Allah's peace and blessings be upon him) said: "Recite frequently: Yādha al-jalāl wa al-ikrām (O Possessor of Majesty and Bounty)."

[Authentic hadith] [Narrated by At-Termedhy - An-Nasaa'i - Narrated by Ahmad]

The Arabic imperative 'alizzu' used in this Hadīth means be "persistent in doing something". The meaning: Hold on to this supplication and keep repeating it. This is a virtuous supplication as it includes a name of Allah said to be His most glorious Name, since it encompasses all the attributes of Lordship and Divinity.

<https://sunnah.global/hadeeth/en/show/3167>

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