

## O Allah, I seek refuge with Your pleasure from Your wrath, and with Your pardon from Your punishment, and I seek refuge with You from You. I cannot enumerate praise of you; You are as You have praised Yourself

'Ā'ishah (may Allah be pleased with her) reported: One night I did not find the Messenger of Allah (may Allah's peace and blessings be upon him) in bed, and as I groped for him, my hand fell over the sole of his feet, while he was in the mosque, and they were held erect. He was saying: "O Allah, I seek refuge with Your pleasure from Your wrath, and with Your pardon from Your punishment, and I seek refuge with You from You. I cannot enumerate praise of you; You are as You have praised Yourself."

[Authentic hadith] [Narrated by Muslim]

'A'ishah (may Allah be pleased with her) said: I was sleeping beside the Prophet (may Allah's peace and blessings be upon him), and I could not find him at night. I touched the place where he used to pray in the room with my hand and found him prostrating with his feet erect, and he was saying: (I seek refuge with) and appeal to (Your pleasure from Your wrath) over me or over my Ummah, (and) I seek refuge (with Your pardon) and Your abundant forgiveness (from Your punishment), (And I seek refuge with You from You) and with the attributes of Your beauty from the attributes of Your majesty, as none can grant protection from You except You, and there is no shelter and no refuge from Allah except in Allah. (I cannot enumerate praise of You), and I am incapable and cannot list or count it because of my inability to enumerate Your favor and benevolence in a way that befits You no matter how hard I try. (You are as You have praised Yourself) as it is You Who have praised Yourself in a way that befits You, so who could praise You duly?!

https://sunnah.global/hadeeth/en/show/3566



