



## I said: O Messenger of Allah, what is salvation? He said: "Control your tongue, abide in your house, and weep over your sin

'Uqbah ibn 'Āmir (may Allah be pleased with him) reported: I said: O Messenger of Allah, what is salvation? He said: "Control your tongue, abide in your house, and weep over your sin."

[Authentic] [Narrated by At-Tirmidhi and Ahmad]

'Uqbah ibn 'Āmir (may Allah be pleased with him) asked the Prophet (may Allah's peace and blessings be upon him) about the means of the believer's salvation in this world and the Hereafter. The Prophet (may Allah's peace and blessings be upon him) said: Adhere to three things: First: Hold back your tongue from whatever is devoid of goodness and from saying anything evil, and utter only what is good. Second: Abide in your house to worship Allah in seclusion, engage in obeying Allah Almighty, and retire in your house away from temptations. Third: Weep and regret the sins you have committed.

<https://sunnah.global/hadeeth/en/show/3602>

