



## No fatigue, disease, sorrow, sadness, harm, or distress befalls a Muslim, even if it were a prick of a thorn, but Allah will expiate some of his sins thereby

Abu Sa'īd al-Khudri and Abu Hurayrah (may Allah be pleased with both of them) reported that the Prophet (may Allah's peace and blessings be upon him) said: "No fatigue, disease, sorrow, sadness, harm, or distress befalls a Muslim, even if it were a prick of a thorn, but Allah will expiate some of his sins thereby."

[Authentic] [Agreed upon]

The Messenger of Allah (may Allah's peace and blessings be upon him) clarifies that whatever afflicts the Muslim of diseases, sorrows, sadness, adversities, calamities, hardships, fear, and hunger, even the prick of a thorn that hurts him, expiates his sins and erases his misdeeds.

<https://sunnah.global/hadeeth/en/show/3701>

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