



## The Messenger of Allah (may Allah's peace and blessings be upon him) used to breathe three times in the course of a drink

Anas ibn Mālik (may Allah be pleased with him) reported that the Messenger of Allah (may Allah's peace and blessings be upon him) used to breathe three times in the course of a drink.

[Authentic hadith] [Narrated by Bukhari & Muslim]

The Messenger of Allah (may Allah's peace and blessings be upon him) used to breathe three times in the course of a drink. He would drink one time and take the container away from his mouth. He would then drink for a second and take it away, and he would do the same for a third time. He did not breathe into the container.

<https://sunnah.global/hadeeth/en/show/4225>

