



**Are you not (living) in ease, with food and drink as much as you desire? I have seen your Prophet (may Allah's peace and blessings be upon him), and he could not even find low-quality dates to fill his stomach.**

An-Nu'mān ibn Bashīr (may Allah be pleased with him) reported: Are you not (living) in ease, with food and drink as much as you desire? I have seen your Prophet (may Allah's peace and blessings be upon him), and he could not even find low-quality dates to fill his stomach.

[Authentic hadith] [Narrated by Muslim]

An-Nu'mān ibn Bashīr (may Allah be pleased with him and his father) reminded the people of the blessings they were enjoying for having continuous access to food and drink in whatever quantity they desired. Then he informed them of the condition of the Prophet (may Allah's peace and blessings be upon him), saying that he could not even find enough of the poor-quality dates to fill his stomach out of hunger.

<https://sunnah.global/hadeeth/en/show/4244>

