I witnessed Eid with ‘Umar ibn al-Khattāb (may Allah be pleased with him), and he said: These are two days that the Messenger of Allah (may Allah's peace and blessings be upon him) forbade fasting: the day of breaking your fast, and the other day in which you eat from your sacrifice

Abu ‘Ubayd, the ex-slave of Ibn Az'har, reported: I witnessed Eid with ‘Umar ibn al-Khattāb (may Allah be pleased with him), and he said: These are two days that the Messenger of Allah (may Allah's peace and blessings be upon him) forbade fasting: the day of breaking your fast, and the other day in which you eat from your sacrifice.
[Authentic] [Agreed upon]

The Prophet (may Allah's peace and blessings be upon him) forbade fasting on the days of Eid al-Fitr and Eid al-Ad'ha. As for Eid al-Fitr, it is the day of breaking the fast after the month of Ramadan, and as for the day of Eid al-Ad'ha, it is the day of eating from the sacrifices.

http://sunnah.global/hadeeth/en/show/4527