



# **O Allah, You are my Supporter and my Helper. With Your help I get strength, and with Your help I pounce upon the enemy and defeat it, and with Your help I fight**

Anas ibn Mālik (may Allah be pleased with him) reported: Whenever the Messenger of Allah (may Allah's peace and blessings be upon him) set out to participate in war, he would say: "O Allah, You are my Supporter and my Helper. With Your help I get strength, and with Your help I pounce upon the enemy and defeat it, and with Your help I fight."

[Authentic hadith] [Narrated by At-Termidhy - Narrated by Abu Daoud]

Whenever the Prophet (may Allah's peace and blessings be upon him) wished to launch a military campaign or set out on one, he would say what means: O Allah, You are my helper and supporter. It is by You alone that I carry out my deeds, and it is by You alone that I pounce upon the enemies of religion, and it is by You alone that I fight them.

<https://sunnah.global/hadeeth/en/show/5024>

