



## Allāhumma inni a'ūdhu bika min munkarāti al-akhlāqi wal-a'māli wal-ahwā' (O Allah, I seek refuge with You from evil morals, deeds, and desires)

Qutbah ibn Mālik (may Allah be pleased with him) reported: The Prophet (may Allah's peace and blessings be upon him) used to say: "Allāhumma inni a'ūdhu bika min munkarāti al-akhlāqi wal-a'māli wal-ahwā' (O Allah, I seek refuge with You from evil morals, deeds, and desires)."

[Authentic] [Narrated by At-Tirmidhi]

The Prophet (may Allah's peace and blessings be upon him) used to say in his supplication: (O Allah, I seek refuge), turn to You, and seek protection (in You) and in none but You from (evil) and detestable things that are prohibited by Allah and His Messenger, (morals) such as malice, envy, and arrogance, and from evil (deeds) such as insulting and cursing, and from all (desires) that the soul longs for but which go against the teachings of the Shariah.

<https://sunnah.global/hadeeth/en/show/5329>

