



## O Allah, I ask You for well-being in this world and the Hereafter

Ibn 'Umar (may Allah be pleased with him and his father) reported: The Messenger of Allah (may Allah's peace and blessings be upon him) never abandoned these supplications in the evening and the morning: "O Allah, I ask You for well-being in this world and the Hereafter. O Allah, I ask You for pardon and well-being in my religion, my worldly life, my family, and my wealth. O Allah, conceal my imperfection—or my imperfections—and secure my fears. O Allah, protect me from before me, from behind me, from my right, from my left, and from above me, and I seek refuge with Your greatness from being suddenly killed from beneath me."

[Authentic hadith] [Narrated by Abu Daoud & An-Nasa'i & Ibn Majah & Ahmad]

The Prophet (may Allah's peace and blessings be upon him) never abandoned these supplications in the evening and the morning: (O Allah, I ask You for well-being) and freedom from diseases, misfortunes, worldly adversities, desires, and religious trials (in this world and the Hereafter), i.e., in this life and the next. (O Allah, I ask You for pardon) and the elimination and forgiveness of sins (and well-being) and freedom from defects (in my religion), namely Shirk (polytheism), religious innovations, and sins; (my worldly life), namely calamities, harm, and evils; (my family) my wives, children, and relatives; (and my wealth) and my properties and my work. (O Allah, conceal my imperfections) and my defects, flaws, and negligence and erase my sins (secure my fears), my dread, and my terror. (O Allah, protect me) and ward off distress and whatever is harmful away from me (from before me, from behind me, from my right, from my left, and from above me), asking Allah to protect him from all directions since adversities and misfortunes can affect and approach man only from one of these directions. (and I seek refuge with Your greatness from being suddenly killed) and unexpectedly taken and destroyed (from beneath me) by being swallowed up by the earth.

<https://sunnah.global/hadeeth/en/show/5485>

