

O 'Ā'ishah, indeed, Allah is gentle and He loves gentleness, and He gives for gentleness what He does not give for violence and what He does not give for anything else

'Ā'ishah, the Mother of the believers (may Allah be pleased with her) and wife of the Prophet (may Allah's peace and blessings be upon him), reported that the Messenger of Allah (may Allah's peace and blessings be upon him) said: "O 'Ā'ishah, indeed, Allah is gentle and He loves gentleness, and He gives for gentleness what He does not give for violence and what He does not give for anything else."
[Authentic hadith] [Narrated by Muslim - Narrated by Bukhari & Muslim]

The Prophet (may Allah's peace and blessings be upon him) encouraged the Mother of the Believers, 'Ā'ishah (may Allah be pleased with her), to be gentle, informing that Allah deals gently and kindly with His servants and wants ease for them, not hardship. He does not burden them beyond their capacity and loves that His servant adopts gentleness and ease in dealing with others, avoiding harshness or severity. He added that Allah Almighty grants for gentleness and kindness in this world a praiseworthy reputation, attainment of goals, and ease in pursuing one's affairs. And in the Hereafter, He grants a great reward, greater than what He gives for violence, harshness, or severity, because gentleness brings results that nothing else can bring.

https://sunnah.global/hadeeth/en/show/5797

