Verily, a believer can attain, by his good manners, the rank of one who fasts and prays often

‘Ā’ishah (may Allah be pleased with her) reported: I heard the Messenger of Allah (may Allah's peace and blessings be upon him) say: "Verily, a believer can attain, by his good manners, the rank of one who fasts and prays often."

[Sahih/Authentic by virtue of other supportive narrations] [Narrated by Abu Dāwūd and Ahmad]

The Prophet (may Allah's peace and blessings be upon him) points out that good manners enable one to reach the rank of a person who persistently fasts during the day and prays at night. The core of good manners is doing good, speaking good words, having a smiling face, and refraining from harming people and bearing harm from them.

https://sunnah.global/hadeeth/en/show/5799

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