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Ibn ‘Umar reported: ‘Umar ibn al-Khattāb wrote to the army commanders about the men who had stayed away from their wives (for a long time). He ordered the [commanders] to enjoin them to either spend (on their wives) or divorce. If they divorced, they should send the financial support they had withheld.

[Authentic hadith] [Al-Bayhaqi - Ash-Shaafi'i]

This report shows that a husband is not allowed to stay away from his wife and leave her without any financial support. If he stays away without leaving any money for his wife, when he clearly does not have any resources, he is under an obligation to either send money to his wife or divorce her. If he divorces her, he should send maintenance to cover the period he had stayed away. Financial support of a wife is an obligation on a husband, which cannot be dropped due to the passage of time. If a wife agrees to give up her right to maintenance for the previous period, that is her choice.

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