They used to beat us over testimony and promises when we were still children

Ibrahīm said: ''They used to beat us over testimony and promises when we were still children.''

[Authentic hadith] [Narrated by Bukhari & Muslim]

This report shows that some of the righteous predecessors would prevent their children from the habit of promising others to do things lest they fail to fulfill their promises and thus bear a sin for that. Likewise, they would prevent them from giving testimony lest it becomes a matter that they take lightly.

http://sunnah.global/hadeeth/en/show/6007