When someone complained of an ailment

‘Āishah (may Allah be pleased with her) reported: When someone complained of an ailment or had a sore or a wound, the Prophet (may Allah's peace and blessings be upon him) did this with his index finger – the narrator, Sufyān ibn ‘Uyaynah, touched the ground with his index finger and then raised it - and said: "In the name of Allah, the dust of our earth along with the saliva of some of us will cure our ailing people, with the permission of our Lord."

[Authentic hadith] [Narrated by Bukhari & Muslim]

When someone was sick ,or suffering from a wound or a sore, the Prophet (may Allah's peace and blessings be upon him) would moisten (the tip of) his index finger with his saliva then touch the ground with it, so some dust would stick to it. He would then wipe it over the wound or ailing part of the body, saying: “In the name of Allah, the dust of our earth along with the saliva of some of us will cure our ailing people, with the permission of our Lord."

http://sunnah.global/hadeeth/en/show/6113