Allah decreed the destinies of the creatures fifty thousand years before He created the heavens and the earth

‘Abdullāh ibn ‘Amr ibn al-‘Ās (may Allah be pleased with him) reported: I heard the Messenger of Allah (may Allah’s peace and blessings be upon him) say: "Allah decreed the destinies of the creatures fifty thousand years before He created the heavens and the earth." He said: "when His Throne was upon the water.”

[Authentic] [Narrated by Muslim]

The Prophet (may Allah's peace and blessings be upon him) says that Allah decreed the future destinies of the creatures in detail, including life, death, sustenance, and so on in the Preserved Tablet fifty thousand years before He created the heavens and the earth - and these will take place according to Allah's decree. Everything that comes into being, is so according to Allah's decree and predestination. So, whatever befalls a person would not have missed him, and whatever misses him would not have befallen him.

https://sunnah.global/hadeeth/en/show/65038

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