



## When the Messenger of Allah (may Allah's peace and blessings be upon him) raised his back from Rukū' (bowing), he would say: "Sami'a allāhu liman hamidah

Ibn Abi Awfa (may Allah be pleased with him) reported: When the Messenger of Allah (may Allah's peace and blessings be upon him) raised his back from Rukū' (bowing), he would say: "Sami'a allāhu liman hamidah, allāhumma rabbana laka al-hamd mil'a as-samawāt wa mil'a al-ard wa mil'a ma shi'ta min shay'in ba'd" (Allah hears he who praises Him. O Allah, our Lord, to You is the praise as much as fills the heavens, as much as fills the earth, and as much as fills whatever You will thereafter).

[Authentic] [Narrated by Muslim]

When the Prophet (may Allah's peace and blessings be upon him) raised his back from Rukū' in prayer, he would say: "Allah hears he who praises Him", i.e., Whoever praises Allah Almighty, Allah Almighty responds to him. It was said: He praises and rewards him. Then, he would praise Allah by saying: "O Allah, our Lord, to You is the praise as much as fills the heavens, as much as fills the earth, and as much as fills whatever You will thereafter." Praise that fills the heavens and the earth and what is between them and fills anything Allah wills.

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