Whatever intoxicates in large amounts, its small amount is forbidden

Jābir ibn ‘Abdullah (may Allah be pleased with him and his father) reported: The Messenger of Allah (may Allah's peace and blessings be upon him) said: "Whatever intoxicates in large amounts, its small amount is forbidden."
[Hasan] [Narrated by Abu Dāwūd, At-Tirmidhi, Ibn Mājah, and Ahmad]

The Prophet (may Allah's peace and blessings be upon him) clarified that any drink or food that causes the loss of control over mental faculties when consumed in large quantities, then consuming a small amount of it is forbidden, even if it does not cloud the mind.

https://sunnah.global/hadeeth/en/show/66036

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