



## We were with 'Umar, and he said: "We were forbidden from the affectation"

Anas (may Allah be pleased with him) reported: We were with 'Umar, and he said: "We were forbidden from the affectation."

[Authentic hadith] [Narrated by Bukhari]

'Umar (may Allah be pleased with him) informs that the Messenger of Allah (may Allah's peace and blessings be upon him) forbade them from needlessly putting themselves into hardship, whether in words or deeds.

<https://sunnah.global/hadeeth/en/show/8945>

